

Have you or someone you care about experienced or been affected by sexual assault and abuse?

**You are not alone
We're here to help**

Staffordshire
Survive
Sexual Assault & Abuse Service

24-hour confidential helpline
0300 330 59 59

Survive offers a free, non-judgemental and confidential service for adults, children and those close to them, who have been affected by sexual assault and abuse in Staffordshire.

survive@staffordshirewomensaid.org

www.staffordshirewomensaid.org

Sexual assault or abuse can happen to anyone – **men, women or children.**

No-one deserves or asks for it to happen. **It is not your fault.**

Sexual assault and abuse is any unwanted sexual act or activity without consent. It includes rape, child sexual abuse, sexual harassment, rape within marriage or relationships, forced marriage, so-called honour-based violence, female genital mutilation, trafficking, sexual exploitation and ritual abuse. Sexual abuse can also happen online.

The abuser can be a stranger, or even someone you know and trust.

Survive provides free, confidential emotional support, advice, practical help and counselling for **victims of abuse and those close to them.**

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Survive is delivered by Staffordshire Women's Aid

www.staffordshirewomensaid.org

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