



**Staffordshire
Women's Aid**

HELPING YOU FIND YOUR VOICE

**Support for
victims of
Domestic
and Sexual
Abuse in
Staffordshire**

**Available 24 hours
a day, 365 days a year
0300 330 5959**

We're here to help

For over 45 years, Staffordshire Women's Aid have been supporting those living with, fleeing or recovering from the impact of domestic and sexual violence and abuse.

We understand how difficult it is to take the first step, but when you feel ready, we are here to help. We will not judge you, or put any pressure on you to make decisions or take any action you're not comfortable with. We can support and empower you to rebuild your life free from fear and violence, enabling you to see yourself as a Survivor.

Our Services Include:

ForWard House Refuge and Resettlement

Forward House Refuge provides safe, accommodation for women and children who need to flee their homes because of domestic violence.

All our accommodation is self contained, which means families have their own flat as well as access to communal facilities, such as the Children's play room.

Dispersed Refuge Accommodation

We also provide a range of safe accommodation within the community for those fleeing domestic violence, including male victims.

If you are not safe in your own home and would like to access refuge please call our 24 Hour Helpline. If we are unable to accommodate you, or you feel you may be safer in another part of the UK, we will be able to help you access refuge space elsewhere.

Survive Sexual Assault and Abuse Service

Survive provides a non-judgemental and confidential service for adults, both male and female, children over the age of 4, and close family members/significant others who have been affected by sexual assault or abuse at any point during their lives. Victims can seek support whether they report the crime to the police or not.

The service offers:

Independent Sexual Violence Advisors (ISVA) and Children's Independent Sexual Violence Advisors (CHISVA), Family Support Workers and therapeutic counselling.

Counselling

Our team of qualified counsellors provide therapeutic counselling, for both adults and children, who have experienced domestic or sexual violence and abuse at any point during their lives. Counselling enables you to acknowledge your experiences and express your feelings in a safe and supported environment.

We can provide male and female counsellors upon request.

Women's Community Services

We provide a range of community based, women centred services in a safe, trauma informed environment, enabling women to access the support they need to thrive.

Services include Legal Advice Clinics, Food and Clothes Bank, support for women to become digitally and financially empowered and support to access training and employment.

We also provide a range of interactive groups to aid recovery, improve well-being and build self-esteem and skills.

How to Make a Referral

If you have been affected by domestic or sexual violence and abuse, you can get specialist, confidential information and support from our helpline – 24 hours a day, 365 days a year. Our helpline accepts self-referrals as well as referrals from other agencies.

If you are emailing us to request support, it is important that you let us know a safe time and number for us to contact you.

We understand how daunting it can be to pick up the phone and tell someone about what is happening to you.

We will always listen to you, believe you, and support you to make your own decisions. We will never judge you or put pressure on you.

Our Values



Contact Details

24 Hour Helpline
0300 330 5959



Referrals@staffordshirewomensaid.org



www.staffordshirewomensaid.org



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For general enquiries please email
enquiries@staffordshirewomensaid.org

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